

EXPLORE SOUTH AFRICA'S

Cape Town

THE IZI GUIDE

PLACES TO VISIT, DAY TRIPS
AND RECOMMENDATIONS FROM
LOCAL SOUTH AFRICANS





Your Travel Guide Cape Town

WELCOME



Greetings, fellow traveler

Welcome to the ultimate guide to Cape Town, brought to you by iZi Intle. As locals, we're here to share the best insider recommendations and experiences to make your trip unforgettable.

Whether you're here for the beaches, wildlife, food, or adventure, Cape Town has something for everyone.

Discover More with iZi Intle



ABOUT



Cape Town

This hotspot is a must-visit thanks to its dreamy mix of ocean, mountains, wine country, wildlife, foodie delights, culture, art, history, and oh-so-friendly locals.

Zulu



English

izi intle



this is beautiful

Note:

www.iziintle.co.za

We are passionate about showcasing the breathtaking beauty of South Africa, its incredible beaches, diverse nature, and exotic wildlife. Our goal is to make your travel in South Africa an unforgettable journey.





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WHERE?



Africa

South Africa



PAPERWORK



Get ready to meet the "Mother City" of South Africa, Cape Town.

This magical city lies in South Africa, one of the 57 countries of Africa.

South Africa is a vibrant and welcoming country with much to offer visitors. From its stunning natural beauty to its rich cultural heritage, South Africa and Cape Town is a destination that should be on everyone's travel list.

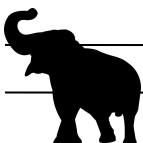
Passport, visa and health requirements can vary according to your country of citizenship.

- Please note that visitors who wish to travel to South Africa must have a passport that is valid for at least 30 days after their intended return date from South Africa.
- It's important to note that passport holders must have at least 1 completely unused visa page for entry or departure endorsements by South African Immigration Service in their passport.
- Government regulations prohibit airlines from boarding travellers without the required blank visa pages, even if you hold a valid ticket and a valid passport.
- That requirement for a blank page does not include the page reserved for Observations, Amendments or Endorsements.

Note:

[Check your requirements and apply online](https://www.ivisa.com)

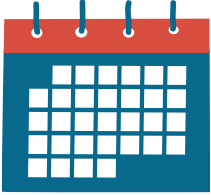
www.ivisa.com





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WHEN?



Ah, Cape Town, where the weather is like a box of chocolates – you never know what you're gonna get

Cape Town's weather is a mix of Mediterranean summers and cool, wet winters.

The best time to visit depends on your interests:

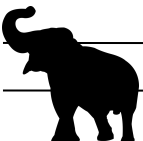
- January – March: Ideal for beaches and warm weather.
- April – June: Crisp, clear days – perfect for hiking.
- July – September: Whale-watching season!
- October – December: Great for exploring, but peak tourist season.

The Western Cape is all about winter rain and winds that could make Mary Poppins blush. Plus, the weather can be different on either side of Table Mountain.

Pack your bags for all seasons cause you might need sunscreen one minute and a scarf the next.

Note:

Pro-tip: If Lion's Head has a mini cloud hanging over it, grab that umbrella and jacket - rain's coming your way.



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WHEN

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From February to May, we soak up the warm rays and enjoy the sweet life.

Then, winter sneaks in with rainy days during June to August.

But no worries, September to November is still primo time to explore this beautiful city.

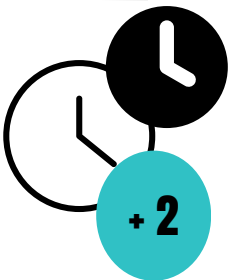
Just watch out for December and January when the crowds flock to Cape Town, and prices shoot up like a rocket.



TIMEZONES

South African Standard Time (SAST) is the time zone used by all of South Africa as well as Eswatini and Lesotho.

The zone is two hours ahead of UTC (UTC+02:00) and is the same as Central Africa Time. Daylight saving time is not observed in either time zone.



Note: January to March is the best time for beaches and sunny weather. Late April to early June has crisp and clear days, perfect for a hiking trip.



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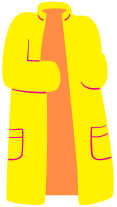
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PACKING

When preparing for your Cape Town adventure, ensure you pack a variety of items. It's crucial to be ready for whatever Mother Nature has in store for you!



- Attire:
 - Cape Town (and South Africa in general) has a relaxed dress code compared to North America and Europe. Most top restaurants in Cape Town don't require formal attire; a jacket (but no tie) is typically sufficient. Opt for a casually elegant look.
 - Cape Town is known for its laid-back atmosphere. You'll see people in cafes dressed in anything from business attire to casual wear like sundresses or yoga pants.
- Jewelry:
 - It's advisable not to wear expensive jewelry or clothing while strolling around Cape Town. This precaution can help you avoid unwanted attention.



Note:

Always have a light sweater or jacket on hand for a sudden change in weather.



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PACKING

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Summer Time := Lightweight clothing

- shorts
- t-shirts
- sundresses

Evenings and Winter =

- Sweater
- Jacket and a raincoat

Comfortable walking shoes & hiking shoes

Protection against the sun

- sunglasses.
- hat or cap

Beachwear & Backpack or daypack

Mosquito or insect repellent



Note:



Canal Walk is the biggest shopping centre in Cape Town, open from 9am – 9pm, Monday to Sunday. Explore a diverse array of shops for all your needs

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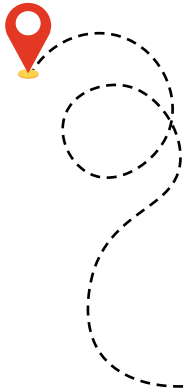
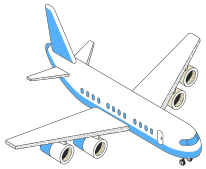


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GETTING TO CAPE TOWN



One of the most popular ways to reach Cape Town is by plane, with direct daily flights from major cities around the world.

There are 26 airlines flying to Cape Town from 51 airports around the world, as of December 2023. The airlines with flights to and from Cape Town

Air Belgium	Emirates		
Air Botswana	Ethiopian Airlines		IZI INTLE
Air France	Global Aviation		
Air Mauritius	Kenya Airways		Singapore Airlines
Airlink (South Africa)	KLM		South African Airways
British Airways	Lufthansa		TAAG
CemAir	Proflight Zambia	Turkish Airlines	
Condor	Qatar Airways	United	
Delta	RwandAir	Virgin Atlantic	
Edelweiss Air	Safair		

Note: Hotel Verde Cape Town Airport – Located just 400m from the airport. Free airport shuttle available from 4:00AM – 00:00PM. The shuttle departs every 30 minutes from Parkade 2 (P2)



[Click here and view Hotel Verde](#)

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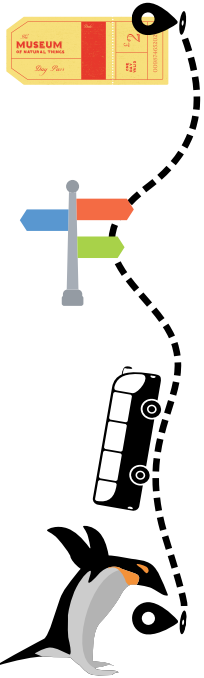


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GETTING AROUND IN CAPE TOWN



Cape Town is like a red-carpet diva, all dolled up and ready to dazzle tourists. It's a breeze to navigate through, so you can soak up all the fun without any fuss.

We highly recommend the Cape Town City Pass for an easy and flexible way to explore the city. This pass gives you access to the popular Hop-On Hop-Off bus, which is a safe and convenient way to see almost all of Cape Town's major attractions. For more details on routes and prices, please click the underlined link on bottom of this page.

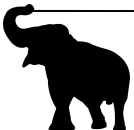
For a more affordable option you can also hop aboard the My City Bus and glide through Cape Town like a true local!

This is an affordable way to roam around the city, with routes stretching all over town. Plus, Cape Town boasts one of the most efficient public transport systems in South Africa, so get ready for a safe and reliable journey!



[Discover the Cape Town City Pass](#)

Note:



Cape Town City Pass offers incredible value, giving you access to over 80 top attractions, including free entries to many popular sites. Plus, with the digital pass, you can skip the lines and enjoy seamless access to Cape Town's best experiences. It's the ultimate way to explore the city at your own pace.

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GETTING AROUND IN CAPE TOWN

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Foreigners can easily rent a car in South Africa.

- Renters must have a valid driver's license.
- Be 18 years old.
- They must also have had their license for at least one year.
- You will need an International Driver's Permit (IDP)
- In addition, you'll have to show your passport and provide a valid credit card for the rental car purchase and hold a charge.

You must always have your driver's license on you while driving in South Africa or Cape Town.

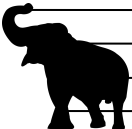


Rent your car by clicking on the link below

[**Rent a Car In South Africa**](#)

Note:

Chapman's Peak, or 'Chappies' to locals, winds its way between Noordhoek and Hout Bay on the Atlantic Coast This award-winning route is also hailed as one of the most spectacular marine drives in the world



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FOOD



Explore Cape Town's Culinary Kaleidoscope

Cape Town's food scene is a melting pot of flavors, thanks to its rich cultural tapestry.

Forget traditional dishes - here, it's a wild fusion dance of Cape Dutch, French, Indian, Japanese, and more! And being by the sea, seafood is the local rockstar.

Each week, fresh fruits and veggies steal the show, changing with the seasons and straight from nearby farms. Let your taste buds embark on a flavorful journey!

★★★★★ This experience was...

Dianne_B, Jan 2025

This experience was amazing! So much culture. African outfits, dancing, drumming & delicious food! Would highly recommend!



Click on link below for your booking
[**African Dinner and Drumming**](#)



Note:

Whether it's the beef, ostrich or game variety, biltong is the perfect on-the-go snack for your South African exploring trip



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DISCOVER

Cape Town is a city that begs to be explored, and the best way to make the most of your time here is with a professionally guided tour.



Whether you're eager to stand atop the iconic Table Mountain, sip world-class wines in Stellenbosch, or encounter penguins at Boulders Beach, curated day tours ensure you experience the best without the hassle of planning.



Enjoy seamless booking, free cancellations on many tours, and verified reviews to guarantee quality experiences.

Plus, you can skip the stress of navigating unfamiliar roads, simply relax and let expert guides reveal the magic of Cape Town. Book your adventure today and discover more with ease!

Click on link below for your booking

[Discover Cape Town](#)

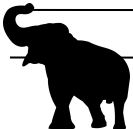


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Note:

If you're booking a Cape Town tour that includes Table Mountain, always check the weather forecast for wind conditions. Strong winds can shut down the cableway unexpectedly, so it's best to plan your visit early in your trip. That way, if the cableway is closed, you'll have extra days to try again!



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CONCLUSION



We hope you found the iZi Guide to Cape Town informative and inspiring for your upcoming adventure.

As locals, we love sharing authentic recommendations to help you experience the best of this incredible city. If you'd like a personalized itinerary with trusted suggestions for accommodations, tours, and activities.

Don't forget to take advantage of our free itinerary service at www.iziintle.co.za

Safe travels, and enjoy your trip!



www.iziintle.co.za

Note:

